

## Fortitude180™

### Revolutionizing Substance Use Disorder Management for Safety Sensitive Jobs

**Introduction:** Fortitude180™ is a pioneering program designed to address Substance Use Disorder (SUD) among workers in safety-sensitive jobs. Recognizing the profound impact of SUD on both individuals and organizations, this program offers a comprehensive solution rooted in empowerment, resilience, and accountability. Developed in response to the pressing need for more effective SUD treatment and management strategies, Fortitude180™ represents a paradigm shift in how employers' approach mental health and well-being in the workplace.

**Unique Approach:** What sets Fortitude180™ apart is its innovative integration of evidence-based treatment protocols with a keen focus on the specific challenges faced by workers in safety-sensitive roles. Unlike traditional SUD programs, which often employ a one-size-fits-all approach, Fortitude180™ recognizes the unique needs and risks associated with safety-sensitive jobs, such as manufacturing, oil & gas, healthcare, and transportation. By tailoring treatment plans to address these specific concerns, Fortitude180™ ensures that employees receive targeted support that maximizes their chances of successful recovery.

#### Key Features:

- **Holistic Treatment Phases:** Fortitude180™ is structured around three distinct treatment phases, each designed to address different aspects of the recovery journey. From intensive outpatient programs to long-term follow-up care, this comprehensive approach ensures that individuals receive the support they need at every stage of their recovery.
- **Evidence-Based Requirements:** The program establishes clear requirements for participation, including abstinence from all mind-altering substances and active engagement in recommended treatment programs. By prioritizing evidence-based practices and accountability measures, Fortitude180™ maximizes the likelihood of positive outcomes for participants.
- **Employer Collaboration:** Recognizing the pivotal role of employers in supporting employee well-being, Fortitude180™ emphasizes collaboration with corporate stakeholders. From integrating with occupational medicine providers to facilitating return-to-work accommodations, the program ensures that employers are actively involved in the recovery process.

**Importance for Employers:** Fortitude180™ is not just a moral imperative; it is a strategic investment in organizational health and resilience. By addressing SUD among workers in safety-sensitive jobs, employers can mitigate the risk of workplace accidents, reduce absenteeism, and enhance overall productivity. Moreover, by holding treatment centers accountable for outcomes and fostering a culture of transparency and collaboration, Fortitude180™ empowers employers to take proactive steps in safeguarding the well-being of their workforce.

In summary, Fortitude180™ represents a groundbreaking approach to SUD management, blending evidence-based treatment protocols with a focus on workplace safety and accountability. With its unique emphasis on safety-sensitive jobs, holistic treatment phases, and collaborative approach with employers, Fortitude180™ stands poised to revolutionize how organizations address SUD in the workplace.